VOL. XXV.

HARTFORD, KY., WEDNESDAY, AUGUST 30, 1899.

NO. 35



GENTLY ON THE KIDNEYS, LIVER AND BOWELS CLEANSES THE SYSTEM

HABITUAL CONSTIPATION ITS BENEFICIAL EFFECTS. QUIRRNIA FIG SYRVP &

PROFESSIONAL CARDS.

W. H. BARNES, ATTORNEY AT LAW, HARTFORD, KY.

WILL practice his profession in all the courts of Ohio and adjoining counties at Court of Appeals. Special attention gives collections. Office next door to Red Front.

A. C. Taylor, Attorney at Law, Hartford, Kentucky WILL practice his profession in Ohio and ad-joining counties and Court of Appeals. Criminal practice and collections a specialty.

J. S. R. WEDDING, ATTORNEY and COUNSELLOR-AT-LAW (NOTARY PUBLIC.)

Ohio and adjoining counties and the Court of Appeals Prompt attention given to all business entrusted to his care.

Jno. B. Wilson. ATTORNEY - AT - LAW And Surveyor, HARTFORD, KY.

SPECIAL attention given to collections and all kinds Surveying making abstracts, &c. Also Notary Public for Ohio county. Office north side of public square.

M. L. HEAVRIN,

Attorney at Law, HARTFORD, KENTUCKY

WILL practice his profession in all the court of Ohio and adjoining counties and Cour of Appeals. Special attention to collections.

J. E. Davidson. ATTORNEY AT LAW HARTFORD, KY.

WILL PRACTICE his profession in Ohio and adjoining counties. Special attention given to all business entrusted to his care. Office with County Attorney.

She told him as best she county attorney.

HARTFORD, KY.

WILL PRACTICE his profession in all the courts of Ohio and adjoining counties Strict attention will be given to all business en Strict attention will be given to all business trusted to his care. Collections and crimin practice a specialty. Office up stairs, next Griffin's drug store.

B. E. L. SIMMERMAN. Attorney-at-Law HARTFORD, KY. WILL practice his profession in all the courts of Obio and adjoining counties. Collections carefully and promptly attended to. office with T. J. Smith & Co., Market Street.

R. R. WEDDING, ATTORNEY AT LAW. HARTFORD KY.

Will, practice his profession in Ohio and adjoining counties. Special attention given to collections. Also notary public. Office in Commercial Hotel.

J. B. VICKERS, Attorney at Law HARTFORD, KY.

WILL practice his profession in Ohio and adjoining counties. Special attention given to all business entrusted to his care. Office next door to the Republican office.

SHELBY TAYLOR,

Attorney at Law, HARTFORD, KENTUCKY

WILT, practice his profession in all the court of Ohio and adjoining counties and Cour of Appeals. Special attention to collections. E. P. NEAL.

ATTORNEY AT LAW HARTFORD, KY. WILL PRACTICE in all the Courts of Ker

GLENN & RINGO, **@LAWYERS@**

WILL PRACTICE their profession in all the courts of Ohio and adjoining counties and in Court of Appeals. Special attention give no criminal practice and collections. Also Notary Public for Ohio county.

A MOTHER'S LOVE BRINGS DEATH.

LOSES HER OWN LIFE TRYING TO SAVE HER CHILD.

The Treacherous Undertow Carried the Little One Down and Beyond Mother's Grasp.

TRAGEDY OF THE OHIO RIVER.

In a vain endeavor to save her eightyear-old son Herbert, who was drown-

ing before her eyes Thursday afternoon

about 4 o'clock, Mrs. Anne Teeple gave up her own life. The drowning occurred at Fry's Island, in the Obio river, above Louis-

Both were members of a camping DISPELS EFFECTUALLY, barry from Charlestown, Ind., in which the time—whispered to him to go in quietly and overhear their delighted the strong men fell victims to disease overtook them. One by one of their families. For the past two weeks their families, their families. For the past two weeks their camp has been the gathering place to him to go in quietly and overhear their delighted darkness overtook them. One by one comments.

So he sneaked into the library adaptoring room and sat down their families. For the past two weeks their camp has been the gathering place the strong men fell victims to disease and bardships, and died. Mrs. Bens, frail and weak, with wonderful strength their camp has been the gathering place. their camp has been the gathering place unseen and unheard, with an expectant of mind, nursed each in turn until her for gay parties from Charlestown and the surrounding country. Yesterday afternoon the men of the party left the ed him; camp for Ferry Flats, a half mile disfor rowing the women and children, all of whom were left at the camp, across to the island in the cool of the evening. It was the purpose of the party to celebrate the little fellow's eighth birthday

on the island.

From what could be learned afterward it seems that the boy gained his in the shallow water near the bank of rate. the river while she sat nearby to guard. he was swept off his feet and carried unmindful of her own danger, the receive them." mother sprang into the water in a futile effort to reach him. Unable to swim, like a whirlwind. she struggled out into the river, borne up and reach him.

camping party, but they were powerless you, hands down!" to help her and were forced to stand by mother was only playing, and called to mother and sisters. her cheerfully.

They were hushed by the sobbing of stood beside them.

For a brief while the buoyancy of her garments kept her above the water and then her body was swept under, near the spot where her boy had gone down just a few moments before.

Mrs. Pangburn, one of the women

She told him as best she could and ATTORNEY AT LAW but the other men, who had by this date for President of the United States out his purpose.

> They hastened back to the camp and at once began the work of searching for the bodies.



atio efforts to be free from this disgusting Mrs. L. A. Johnston, 103 Pilham and Ripley Sts., Montgomery, Ala., tells her experience with catarrh

cured: God bless Dr. Hartman and Pe-ru-na. the house, and I make this prediction: And I carnestly assure you that it That Goebel will be elected by 25,000 has done me more good than any medihas done me more good than any medicine I have ever taken in my life. I majority and my dear old friend, John behind before the Tegragawick river prescribe it to every one I meet who suffering, as the best medicine in the world, and have made many converts who are now rejoicing in the great good which they have derived from the same. I can tell you that I am almost entirely relieved of indiges

something acid." To understand the scientific action of Pe-ru-na it is best to have Dr. Hartman's special book for women or his book on chronic catarrh. These books are mailed free by the Pe-ru-na Medidruggists sell Pe-ru-na.

preparing to start on its trip to Cincin

They reached the landing within an hour, and at once joined in the search for the bodies.

The news had by this time reached Charlestown, and a number of men from the town hurried to the spot to assist in recovering the bodies.

It was not until 10 o'clock that the body af Mrs. Teeple was found, about a hundred yards from the place where she had gone down for the last time. Up to a late hour the boy's body had not been recovered.

Mrs. Teeple was twenty-eight years of age and the daughter of a prominent farmer of near Charlestown.

How They Liked Her.

The young man was in a glow of enthusiasm as he returned to his home af- Arctic gold fields. ter escorting his financee to her abode. Landing, near the head of Twelve-mile | She had just made a formal call upon "his folks," and he was dashing back to seekers on the schooner Elk from Puget ed early and late. hear their praises of his divinity. As he Sound for some new gold "diggings" put his key into the front door some

smile upon his face.

Mamma's voice was the first that reach-

"She's not pretty. Her nose is like a tant, in order to make ready the boats- button, and she's got an awfully weak snow and cold. chin, and as for her complexion! Why, as she sat by the window, her face was guish of mind and body was and how the color of a biscuit."

> to Horace, though I do wish he had se- words. lected a more stylish girl." He bit a corner off a blotting-pad

"I don't believe her family amounts

But the undertow was treacherous and to much," said Mary, "I met her voyage, and without trouble interested mother at Mrs. Brown's last sociable, a number of strong young men whom far beyond his depth. With the one and she struck me as being awfully he met at Port Townsend. thought of saving her child's life and dowdy. Still, I suppose we'll have to

"No, you won't!" be screamed, as be

for the moment by her clothing. It was fairly danced with rage. "No, you steam schooner Elk No. 1 at Port Townin vain that she struggled, for the boy won't! She will never step her foot in send early in '98, having come from sank for the last time when she was this house again! Why, she could buy Bay City, Mich., enroute for St. close enough almost to put out her hand and sell you all in the matter of good Michael. He was accompanied by looks, dresses, family, noses and com-Then began her own fight against plexion, and when it comes to sisters"death. Her screams brought to the here his voice rose to a shrick-"why, with him, the savings of years of hard blizzard, but it made the trail soft and ed condemning the city papers that are shaking hand, the old man walked out. shore all of the remaing members of the she could give you all trumps and beat and dangerous toil as a master of barges hard to travel.

And he dashed out of the house in a and see her drown. To add to the freezy, while the women looked at each and soon a stanch craft was launched. ly evidence of life in that barren land try press. pathos of the scene, her two younger other and wondered if poor Horace had children, not old enough to grasp the taken to drink already upon discovering chinery were put in and a schooner rig counted until nine separated me from horror of it all, thought that their how inferior his financee was to his own fitted up. The Elk was a peculiar look- the camp of death.

For Headache caused most tikely by the older children and the women who stood beside them.

a Disordered Stomach, accompanied by Constipation, use Dr. M. A. Simmons Liver Medicine,

A Run for Your Money. [Peoria Herald.]

Kentucky is a great State. It makes the favorite whisky of the world, it has not been long since there was a turnin the party, started for "The Flate" pike war in that State, it has the fastest for assistance. Before she reached the horses and the handsomest women in men they caught a glimpse of her and the United States or at least claims supposing that she walked down to see that it has; the bluest of bluegrass, it them at work, several ran forward to has fends going on within the limits of welcome her. Among them was Teeple, the State that almost reach the proporwho, seeing from her countenance that tions of internal war; and now it has a she was the bearer of ill-tidings, thought political campaign in progress that has attracted the attention of every State in the Union. In addition to this , it seems the shock came near crazing him. He it is to witness this fall the spectacle of started to throw himself into the river, speeches being made by the late candihim by the man who did more than all others to secure his nomination. If fresh meat or vegetables could be se- Beattle. They came to me at once and money, we do not know where it is.

and a crew of two men and one of the lighter boats were placed on board the New South, which fortunately was just may kidney trouble that a safe, sure remedy is Foley's Kidney trouble that a safe, sure remedy is Foley's Kidney trouble that a safe, sure remedy is Foley's Kidney Cure. Guaranteed or money refunded. J. H. Williams, Hartford; S. L. Mitchell & Bro., Beaver Dam; M. S. Ragland, Rosine.

Crittenden's Prediction. The following letter has been received from ex Governor T. T. Crittenden, of

"I expect to take a run over to Kentucky this fall. I want to go there to overrode judgment and not one wanted was to bring me out. After floating a ple for its justification, but the Brown with health. If we see you all and to witness the great canhave catarrh any. vass for Governor. If I were there and where we can- had a vote, as much as I love John not be wholly Young Brown, the best friend I ever had for forty years, I would vote for Goebel. I wrote Brown that he was about to take would be the last for all making the mistake of his life. I cannot but one—and that one a woman. understand the movement. He is placed in the hands and under the control of those whom he has fought all his life, and is being used indirectly by the of the stomach and how she was greatest corporation in the State to acomplish its infamous end. I have just supplies for the trip. All unnecessary "I will state to you that I have read Goebel's speech at Mayfield. I taken eight bottles of your Pe-ru-na am somewhat of a politician, or used to and two of Man-a-lin and rejoice to say, be, being now only an old man around

Young Brown, will be burned beyond the depts of political resurrection and redemption. I regret this, as he is too good a man to die such a death."

Here are some of the terrible things, according to a country exchange, tion, that great foe which has tortured likely to befall a delinquent: Last week | was impossible. I did what I could to me so many years, and can now eat a delinquent subscriber said he would nurse them, but it was little enough anything I desire without it is fruits or pay up next week if he lived. He's that I could do. dead. Another said:"I'll see you to-morrow." He's blind. Still another one was even more difficult. The trail was sourvy. said: "I hope to pay you this week or one of graves—rude Arctic graves barego to the devil." He's gone. There are ly under the surface of the snow.

subscriptions now.

A TRACEDY OF THE COLD FIELDS.

SHE BURIED HER HUSBAND AND ELEVEN MEN.

Terrible Experience of Mrs. Harmon Bens Seeking Riches in the Frozen Klondike.

Mrs. Harmon W. Bens, who has just returned from Alaska to Seattle, has had any woman who has ever been to the band and myself were alive. A year ago she started with her hus-

THE POOR WOMAN'S GRAPHIC STORY.

demon-he thought it a good farry at Mackenzie River beyond the Klondike. tried to fix things as comfortabty as But famine, scorvy, Arotic cold and

husband, Captain Bens, was the one camp, but did his best to cheer me up man left. Finally he died of the slow poison of scurvy, and Mrs. Bens was left the Koyukuk, where the miners would alone in a wilderness of darkness and assist me out of the country.

How she was rescued, what her anshe has come back to civilization to be-

SHE TELLS HER STORY.

My husband believed that gold should mother's permission to paddle about while his thoughts were those of a pi- be found on the Mackenzie river or on some of the islands in the Arctic Ocean. He plauned an extensive prospecting

> ed to visit, and had received informs-The young man burst in upon them tion of several rich Mackenzie river bars from an old Hudson Bay trapper. Captain Bens commenced work on the James Hutton and Frank Calder.

My husband had considerable money

He had maps of the district he intend-

and schooners on the Great Lakes. He A small engine and propelling ma. of snow and ice. Mile after mile I ing craft and attracted much attention on the Seattle water front, where the vessel was tied up for some time. She my bours were numbered. I wondered was just large enough to carry two how long it would take me to die. in May the schooner sailed away.

Calling at St. Michael, we heard that ich discoveries had been made on the try was under way at that time, and we waking. decided to abandon our expedition to the Arctic and try our luck in Kotzebue. RISKED ALL FOR GOLD.

Anchoring in the Sound, four of the crew were picked by lot to stay with saw smoke rising from the head of a the schooner. The remaining 13, under gully. direction of Captain Bens and Captain Smith, started up the Seliwick river. We visited several alleged diggings, but, like every one else lured to the district. found nothing but colors. We spent several months prospecting over the camp for the night after a hard day's Kotzebue country.

Owing to inexperience, we had not there is any other State in the Union oured, coursy finally made its appearthat can show so much for so little snce. Dr. Vetter did his best to check hard one. Several of the party died of at the head of the creek.

> came across the divide from the headquarters of the Koyukuk that gold had been found there.

We should have realized that we were river broke. in no condition to make the difficult trip of 300 miles, but the desire for gold were willing to go on, in the hope of getting relief in the new diggings. No B. Allison. one dreamed of the fate that was in store for them, or that the trip we were

We had been assured that game was abundant all the way, so did not fear starvation; and, although we had no dogs, we believed that we could pull sleds over the soft enow with sufficient camp luggage was abandoned and the trip up the Seliwick river commenced. The men were weater than they thought and made but poor progress up

the stream. Several graves were left was reached. Scurvy was rapidly thinning our ranks. TRAIL OF ABOTIC GRAVES. The unfortunate might have recovered had they remained in camp and taken

care of themselves, but on the trail this

The ascent of the Tegragawick river

from devouring the dead. A smooth light of civilization.

slab of wood with the name penciled on was the only gravestone possible.

As the men in the party became fewer, the bodies were barely put under snow, for it was necessary to husband strength and grave-digging was hard

When the head of the Tegragawick was reached it became necessary to cross was necessary to pass over two low divides.

While on this divide an Arctic blizzard swooped down upon us and completed the work of death that scurvy, starvation and exposure had begun.

The remaining five men were frozen in camp or on the trail, and when the probably the most tragic experience of last divide was crossed, only my hus-My poor bushand was a very sick man by this man. He had done his best to

band, Captain Bens, and a party of gold bring his party through, and had work-I made a camp on the snow-covered of supposed fabulous richness on the banks of the Husskuskalma river and possible for him. He was badly frozen, and evidences of scurvy were plain.

> HIS LAST CAMP His face was baggard and sunken, bu a full beard hid this somewhat. He realized that this was his las and to persuade me to push on alone to

But I would not leave him. For nearly 12 weeks I hovered over him constantly.

On the morning of May 10 he breathed "Oh, well," broke in sister Clara. gin life again after dying a bundred a farewell to me, and I was alone in my 'There's no use trying to say anything deaths, as she says, is told in her own grief, with no human voice to speak one word of comfort.

Only a woman can realize my terrible position. I knew not how many miles I might be from human aid. I marveled why and how I had been

spared while those 12 men perished.

I was too weak to dig my husband's grave, yet the thought of his body lying in that wretched tent, a prey to wild beats, filled me with anguish. To stay there was to die or becom

I knew that the river would lead me Koyukuk, but the distance was uncertain. I resolved to go on. One can die but once, it is said: yet it One can die but once, it is said; yet it held at Eddyville, Ky., September 28, seemed to me that I had already died a at which place a big free barbecue will

bundred deaths.

Slowly I "mushed" along the trail. The sun shope bright after the terrible bon cross the river and gave me the on-

LOOKED FORWARD TO DEATH. It was almost night, and I believed

years' provisions for a party of 17. Late I had begun to look forward to death with something akin to joy. I wondered if our bodies would ever be found. Reaching a place slightly protected various rivers running into Kotzebue from the night wind, I was about to lie Sound. A rush to that unknown coun- down for a sleep that would know no

Then out of the terrible stillness sounded the bark of a dog. Its suddenness frightened me, Looking closer into the dusk shead

I cried out in joy and surprise. A gruff "bello' came answering back. Help had come at last! Several prospectors had been up the river from the Koyukuk and gone into

travel. They were Charles Grant, of Maine chosen the right provisions, and, as no and Mesers. Hansen and Johnson, of you that Brown has the shadow of a

took me to their camp. The first warm food I had eaten in the disease, but as he was compelled to several days was given me. I told them work without medicine, his task was a of my husband's body lying uncovered appeal to that well known principle of They promised to bury it, and I fell to do a wicked or an odious thing if on-

> went back and buried Captain Bens' or guise of apparent respectability be body. "They brought back what camp ef- ing in that doubtful kind of moral

seleep, utterly exhausted.

and I was well taken care of until the spicable as was the Palmer-Buckner Then I left Peavy in a row boat in ful merit of being based on a radical charge of a Koyukuk prospector who and irreconcilable difference in princi

overtaken by the steam soow William of principles adopted at the Louisville Captain Allen gladly took me on a single delegate on the floor, and the board and brought me to Nulato, where only basis for the schism is a purely was transferred to one of the North personal one that has neither justice American Transportation and Trading reason nor truth to support it.

Company's boats. On this I arrived at St. Michael.

Here Mrs. J. J. Healy at once interested herself in me, and her goodness and Assists Nature in carrying off all was that of a ministering angel. A sub- Impurities. scription was taken to bring me to

Those of the Elk No 1 crew who pershed, besides Captain Bens, were Dr. Vetter, Scranton, Pa.; James Hutton, Bay City, Mich.; Joe Reinhart, Milwankee, Wis., Frank Cadler, Bay City, Mich.: Captain Charles Smith. Port Hadlock, Wash.; John Stonehouse, Coupeville, Wash.; Earl Summer, Port Townsend, Wash.; Duncan McCull, Chicago, Ill.; Peter Johnson, sailor, San Francisco, and two sailors whose names I don't recall.

I have since tearned that the four daughter. Now and for a quarter of a men left on the schooner all died from

Now I am trying to banish the fearful nightmare of the long Arctic night from which I emerged and begin life over veal the cause to the Magistrate yestercine Company, Columbus, O. All these prograstinations and pay up their be rolled on top to prevent wild beasts again in the more kindly warmth and day. Let those reason it out who think

EDITORS MEET.

And Organize the Western Kentucky Editorial Association---Much

Success Promised.

A number of newspaper men of West from the watershed of the Kotzebue to ern and Southern Kentucky met at the that of the Koyukuk. To do this it Arcadia Hotel, Dawson Springs, on Saturday evening, August 19, and organized "The Western Kentucky Editorial Association." At the meeting eleven counties were represented and every representative seemed deeply interested

> in the movement. The organization was previously designed to embrace the editors and publishers of the First Railroad district, but not to debar by constitution or bylaw, any editor in the entire State. It was decided to adopt, until the next

regular meeting, the constitution and by-laws of the Kentucky Press Association, when the committee on resolutions and by-laws will make their report. On motion it was agreed that the new association should be the Western Kentucky Editorial Association, and the following officers were elected: PRESIDENT-Ben F. Briggs, Mayfield

Monitor. VICE PRESIDENT -W. B. Brewer, Pembroke Review. SECRETARY-L. W. Gaines, Elkton

TREASURER-John L. Smith, Eddyville Tale of Two Cities. The chair then appointed the follow-

ing committees: EXECUTIVE COMMITTEE-C. M. Meacham. Hopkinsville Kentuckian, chairman; R. C. Walker, Crittenden Press; John C. Riley, Henderson Journal; E. Whittemore, Grand Rivers Herald;

Lee Elmore, Mayfield Mirror. FINANCE COMMITTEE-J. J. Gleen, Madisonville Mail; Heber Matthews, Hartford Herald; W. W. Martin, Paducab Leader.

CONSTITUTION AND BY-LAWS-W. B.

Brewer, C. M. Meacham, L. W. Gaines. The annual dues are to be \$1 and the number and dates of meeting yet to be agreed upon. The first regular meeting for the completion of the organization, adoption of constitution and by-laws, will be

be served by the citizens of Lyon coun-At the meeting a resolution was adoptsending out free copies of their papers After a little the woman went. An occasional print of moose or eari- for campaign purposes throughout the

> A resolution was also passed thanking Mesers Holeman & Co., of the Arcadia Hotel, for special courtesies to the editors while in session.

The object of the new Association is business. The editors composing it propose to hold meetings for profit and by an exchange of opinions, advance the cause of their profession. By this it is not meant that they shall be unmindful of social courtesies and pleasures, but primarily their object is fraternal improvement, growth and development in their chosen profession.

The Most Patal Disease More adults die of Kidney trouble than any other disease. When the first symptoms of this disease appear, no time should be lost in taking Foley's Kidney Cure, which is guaranteed or money refunded. 50 \$1.00. J. H. Williams, Hartford; S. L. Mitchell & Bro., Besver Dam; M. S. Ragland, Rosine.

No Justice, Reason, nor Truth. [Bardston Record.] What do the bolters expect to accomplish and what justification have they for their course? The man who tells chance to be elected Governor convicts himself of being a knave or a fool. The purpose of the Brown ticket is to aid many perverse natures who are willing ly some safe way of indirection be The next morning two of the miners provided for them, if only some clock thrown over them, but who are lackfects we had carried across the summit. courage that prompts a man to do a bad That afternoon we started for Peavy, thing in the light of open day. Debolt in 1896, it had at least the doubtconvention met with no objection from

Twenty-Five Years Without Speaking. Philadelphia North American.

With the palsy of age upon them Roger and Martha Coit, the tenants of "divided bonse" of Roxborough stood in the Police Court. Ever so long go, when the hillsides were furrowed by the plows and farmhouses nestled where elaborate villas now stand, he tool the woman to the cottage. His hair is white now and very thin, as faded as her memory of happy days. He was dairyman and she a farmer's

century back their home has rested under the shadow of a mysterious sorrow They quarreled and ceased to speak Hoger and Martha Coit refused to re-

they can divine what motive could

Makes the food more delicious and wholesome

IOVAL BARING POWDER CO., NEW YOR

each other.

In what had been the dining room Roger Coit, after they quarreled, placed a stove, bought utensils, and thereafter cooked his own meals there, ate them there, lighted his lamp and read there at night-always alone. In the kitchen Martha Coit lived the same way. On the threshold of one of the

two bedchambers upstairs Roger Cont never placed his foot. Once a week he would kneel before the door and push some paper money under it. If husband and wife met on the stairway they looked straight ahead and tried to avoid brushing against each other. Ten years ago Coit gave up his busi-

ness. Since then a small income has been his, and he has divided it with the woman. But for the last month he had failed to push money under the door. She never spoke a word to him about it. At the fourth week she went to the Police Court-her grocery man advised this course—and swore out a warrant charging her husband with nonsupport.

A Roxborough man bad informed His Honor of the queer lives led by the tenants of the divided house. Cracked and wavering arose the voice

of wither Roger Coit:ed "I ain't got do wish to stop supportin' of her," said he. "But the money what git every month were held back, an' won't git it fer two weeks yit. Then I'il pay her same as ever. I didn't think she'd want for nothin.' The storekeepers up in Roxborough'll trust ber fer whatever she wants. They told me they would."

"I sin't wanted fer nothing," replied Martha Coit. "I jest thought he had stopped payin' me fer good.' "I'm disobarged, ain't I?" asked Roger Coit.

"Yes,"said His Honor. With the aid of a heavy stick in his

To Consumptives. As an bonest remedy, Foley's Honey and Tar does not bold out false hopes in advanced stages, but truthfully claims to give comfort and relief in the very worst cases, and in the early stages to effect a cure. J. H. Williams, Hart-ford; S. L. Mitchell & Bro., Beaver Dam; M. S. Ragland, Rosine.

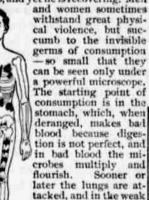
Food Better Than Tonics. A professor in one of the medical col-

leges holds that there is no need of buying and swallowing tonics, because they accomplish no more than a judiciously selected diet will. The professor says that spinach is richer in iron, which is the bass of most tonics, than even the yolk of an egg, while the latter contains more than beef. The ordinary dish of spinseh and posched egg is a tonic as potent as one in which iron forms a part, without the harmful effect of other ingredients that enter into the medicinal compound. Plants imbibe iron and it is through them that we should absorb it into our system. That mineral is present largely in apples, lentile, strawberries, white beans, peas, potatoes and most of the red fruits and vegetables. Stewed black currents, if taken daily in their season, will cure aniemia that has become chronic. It is the experience of mariners that while lime juice is a pallistive of scurvy, poin the election of Taylor. It makes its tatoes are a specific. Nansen, in his voyage in the Fram, had no occasion to resort to the medicine chest. The concentrated form of all the fruits and vegetables that his men were accustomed

make utter strangers of lovers, could so of drugs. It is the first instance on recsteel the hearts of this man and wife ord of the escape of Arctic explorers that they have lived beneath the same confined on shipboard from the ravages roof for 25 years with never a word for of scurvy, and it was due entirely to the tonic effect of the food supplies.

A CHARMED LIFE.

In a railroad accident the other day a man sustained ten complete fractures of the pelvis, and a score of bruises, gashes and sprains, and yet he is recovering. Men



stomach, which, when deranged, makes bad blood because diges-tion is not perfect, and in bad blood the microbes multiply and flourish. Sooner or later the lungs are at-tacked, and in the weak spots the germs begin their deadly work of tearing down the tissues. Dr. Pierce's Golden Medical Discovery stops the encroachments of consumption microbes. It builds up and fortifies the whole system by aiding the

stomach in its many functions. It assists in the proper assimilation of food. This scientific remedy cures lingering coughs, bronchitis, bleeding at the lungs, and every other symptom that eventually leads to consumption. Dr. R. V. Pierce, of Buffalo, N. V., who makes this wonderful multiple collections are consumption. derful medicine, gives free, fatherly ad-vice to all who write him. "Last spring I was taken with severe pains in my chest, and was so weak I could hardly walk about the house," says Mrs. G. E. Kerr, of Fort Dodge, Webster Co., Iowa. "I tried several physicians and they told me I had consumption, but that I might 'brush it over ' and perhaps live a good many years. I heard of Dr. Pierce's Golden Medical Discovery and I thought I would try some of it. Before I had taken the first bottle I was very much better. I took five bottles of it and have not yet had any return of the trouble. I have also taken Dr. Pierce's Favorite Prescription and 'Pleasant Pellets' with good results."

When the howels are obstinate take Dr.



Look In Your Mirror

inctly feminine organs present. Health nenstrual organs mean health and beaut verywhere. McELREE'S Wine of Cardui

akes women beautiful and healthy It strikes at the root of all the trouble. There is no menstrual di order, ache or pain which it will not cure. It is for the budding girl, the usy wife and the matron approachin the change of life. At every trying crisis in a woman's life it brings health, strength and happiness. It costs \$1.00 of medicine dealers.

For advice in cases requiring special directions, address, giving symptoms
"The Ladies' Advisory Department,"
The Chattanooga Medicine Co., Chat

tanooga, Tenn.

MRS. ROZENA LEWIS, of Oenaville
Texna, says:—"I was troubled at month!
intervals with terrible pains in my head an
back, but have been entirely relieved by Win
of Cardul."

to eat in Norway, was worth a shipload ONLY ONE CURE FOR SCROFULA

Remedy Equal to this

There are dozens of remedies recommended for Scrofula, some of them no doubt being able to afford temporary relief, but S. S. S. is absolutely the only remedy which completely cures it. Scrofula is one of the most obstinate, deep-seated blood diseases, and is beyond the reach of the many so-called purifiers and tonics because something more than a mere tonic is required. S. S. S. is equal to any blood trouble, and never fails to cure Scrofula, because it goes down to the seat of the disease, thus permanently eliminating every trace of the taint.

trace of the taint.

The serious consequences to which Scrofula surely leads should impress upon those afflicted with it the vital importance of wasting no time upon treatment which can not possibly effect a cure. In many cases where the wrong treatment has been relied upon, complicated glandular swellings have resulted, for which the doctors insist that a dangerous surgical operation is necessary.

Mr. H. E. Thompson, of Milledgeville, Ga., writes: "A bad case of Scrofula broke out on the glands of my neck, which had to be lanced and caused me much suffering. I was treated for a long while, but the physicians were unable to cure me, and my condition was as bad as when I began their treatment. Many blood remedies were used, but without effect. Some one recommended S. S. S., and I began to improve as soon as I had taken a few bottles. Continuing the remedy, I was soon cured permanently, and have never had a sign of the disease to return." Swift's Specific—



S. S. S. FOR THE BLOOD

Tetter, Pimples, Sores, Ulcers, etc. Insist upon S. S. S. nothing can take its place.

Books on blood and skin diseases will be mailed free to any address by the
Swift Specific Company, Atlants, Georgia.